



## Innovative Learning Health Care Catalog

To learn more about any of the courses listed in this catalog, contact Innovative Learning:

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## Continuing Education Units (CEs)

### APA

APA Continuing Education Units are provided through Orlando Behavior Health, LLC, an approved APA Sponsor Organization.

### ASHA

An annual ASHA CE Registry fee is required to register ASHA CEs. ASHA CE Registry fees are paid by the participant directly to the ASHA National Office. The annual ASHA CE Registry fee allows registration of an unlimited number of ASHA CEs for the calendar year. Contact the ASHA CE Staff at 800-498-2071, ext. 8591 for CE Registry fee subscription information.

### BBS

If the BBS icon is displayed for the course, the course meets the qualifications for continuing education credit for MFTs and/or LCSWs at the specified number of units as required by the California Board of Behavioral Sciences. Provider #PCE4308

### BACB

BACB (Type 2) Continuing Education Units, are provided through Orlando Behavior Health, LLC, an approved BACB ACE Provider, BACB ACE Provider #OP-04-0068.

### UNIVERSITY

Courses designated with the University icon are approved by California State University, East Bay for continuing education unit(s).

## Courses listed in this Catalog

Aging and Long-Term Care  
Alzheimer's: Understanding Alzheimer's Disease  
Assisting with Medications for Support Staff  
Clients Rights and Informed Consent  
Cultural Competency: An Introduction  
Emergency Preparedness and Response  
Harassment in the Workplace  
Hazardous Materials  
Health Care Decisions for Support Staff  
Health Insurance Portability and Accountability Act (HIPAA) (United States Only)  
Healthcare Management  
HIV/AIDS  
Incident Reporting  
Infection Transmission and Control  
Law and Ethics  
Mental Health Recovery Model  
Patient Transfers  
Person Centered Planning  
Philosophy and Values  
Preventing High-Risk Sexual Behavior in Healthcare Settings  
Professionalism  
Recognizing and Reporting Abuse  
Suicide Prevention through Intervention  
Supervision for Excellent Practice  
Supporting Aging People with Intellectual Disabilities  
Writing Goals and Measurable Objectives

### Aging and Long-Term Care

Aging can be defined as the accumulation of changes in an organism or object over time. Aging in humans refers to a multidimensional process of physical, psychological, and social change. Some dimensions of aging grow and expand over time, while others decline. Reaction time, for example, may slow with age, while knowledge of world events and wisdom may expand. Research shows that even late in life potential exists for physical, mental, and social growth and development. Aging is an important part of all human societies reflecting the biological changes that occur, but also reflecting cultural and societal conventions. Human age is usually measured in full years. Caring for someone who is aging is very important, and this course provides descriptions of how to do this effectively.

BBS - 2 Units / Cost - \$70.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$60.00

### Alzheimer's: Understanding Alzheimer's Disease

Alzheimer's Disease can be a complicated and confusing health issue for both the individual diagnosed with it, and for family and support professionals. This course provides a basic guide about what Alzheimer's Disease is, common symptoms, how to support people with Alzheimer's Disease, risk factors, and a brief look at some of the medications that are often given to patients with Alzheimer's Disease.

BBS - 2.5 Units / Cost - \$102.50

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$90.00

### Assisting with Medications for Support Staff

This course has been designed for anyone who works with an individual who takes medications. The purpose of the course is to help staff understand the effects of medications and how they work in the body. It gives an overview of what people need to be aware of when assisting with the administration of medications and what to look out for. This course is a must for anybody who works with an individual who takes medications.

BBS - 4 Units / Cost - \$100.00

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$80.00

### Clients Rights and Informed Consent

This course has been designed to inform you about the rights of clients. Human rights are the basic rights that people have in all aspects of their lives, and it is important for support staff to recognize and support these rights when working with their clients. Case studies are used throughout this course to emphasize behaviors that violate the client's rights, and inform you on how to effectively resolve any problems that you encounter. This course also contains information about informed consent, and will help you to understand some of the different needs that people have.

APA - 1 Unit / Cost - \$51.00

BBS - 1 Unit / Cost - \$51.00

BACB - 1 Unit / Cost - \$51.00

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$46.00

### Cultural Competency: An Introduction

As clinicians, it is important to put considerable effort into developing Cultural Competence when working with clients. This means examining our biases and prejudices, developing cross-cultural skills, searching for role models, and spending as much time as possible with other people who share a passion for Cultural Competence. This course will give you an introduction to the main concepts of Cultural Competency, and what is required to become culturally competent.

APA - 1 Unit / Cost - \$50.00

BBS - 1 Unit / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

### Emergency Preparedness and Response

This course has been designed to give you and your colleagues an understanding of the emergencies that you need to be prepared for, including specific industry information for schools, hospitals, and other workplaces. Workplace safety during an emergency is very important, and well planned procedures and plans can mean the difference between life and death. The course covers Earthquakes, Floods, Hurricanes, and Tornadoes.

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Harassment in the Workplace

It is important that harassment is not a problem in all workplaces. This course has been designed to inform you about what constitutes harassment, the different types of harassment, and the legislation that means harassment is illegal. This course is aimed at employees as well as employers.

APA - 2.5 Units / Cost - \$62.50

BBS - 2.5 Units / Cost - \$62.50

BACB - 2.5 Units / Cost - \$62.50

UNIVERSITY - 0.5 Units / Cost - \$92.00

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Hazardous Materials

This course will give you an introduction into the risks that some materials pose, and instruct you on how to better understand these risks. This will help you to reduce the risks to yourself and others in your workplace.

Cost Without CEs - \$60.00

### Health Care Decisions for Support Staff

This course has been designed to give you a basic understanding about the health care decision-making process. It covers information about supporting individuals to make their own decisions, issues of capacity, substitute decision makers, and during emergency situations.

APA - 3 Units / Cost - \$70.00

BBS - 3 Units / Cost - \$70.00

BACB - 3 Units / Cost - \$70.00

UNIVERSITY - 0.5 Units / Cost - \$99.50

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$55.00

### Health Insurance Portability and Accountability Act (HIPAA) (United States Only)

The Health Insurance Portability and Accountability Act (HIPAA) was enacted by the US Congress in 1996 and became effective July 1st, 1997. The Act is a combination of regulations designed to reduce inefficiencies, fraud, and misuse of information in the health care industry and to protect the health insurance coverage for workers and their families when they change or lose their jobs, get divorced, become pregnant, or move. This course focuses on the Privacy and Security Rules of the Act as they are more relevant to the direct support worker, who is the primary audience of this course.

APA - 4.5 Units / Cost - \$97.50

BBS - 4.5 Units / Cost - \$97.50

BACB - 4.5 Units / Cost - \$97.50

UNIVERSITY - 0.5 Units / Cost - \$127.00

TRAINING HOURS - 4.5 Training Hours

Cost Without CEs - \$75.00

## Healthcare Management

The geriatric assessment is a multidimensional, multidisciplinary diagnostic instrument designed to collect data on the medical, psychosocial, and functional capabilities and limitations of elderly patients. Various geriatric practitioners use the information generated to develop treatment and long-term follow-up plans, arrange for primary care and rehabilitative services, organize and facilitate the intricate process of case management, determine long-term care requirements and optimal placement, and make the best use of healthcare resources.

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$100.00

## HIV/AIDS

HIV infection in humans is now pandemic. As of January 2006, the Joint United Nations Programme on HIV/AIDS (UNAIDS) and the World Health Organization (WHO) estimate that AIDS has killed more than 25 million people since it was first recognized on December 1, 1981. This means that all psychotherapists should understand the main concerns for patients around this virus, and the methods of testing. This course follows the course objectives surrounding HIV/AIDS that all psychotherapists must meet.

APA - 4 Units / Cost - \$130.00

BBS - 4 Units / Cost - \$130.00

BACB - 4 Units / Cost - \$130.00

TRAINING HOURS - 4 Training Hours

Cost Without CEs - \$110.00

## Incident Reporting

This course has been designed to instruct you on the process of incident reporting. Every incident - whether anything happens or it is just a near miss - needs to be reported on. This course will inform you on the basics of this process.

APA - 2 Units / Cost - \$50.00

BBS - 2 Units / Cost - \$50.00

BACB - 2 Units / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

## Infection Transmission and Control

This course has been designed to give new employees an introduction to Bloodborne Pathogens, Infection Control, Universal Precautions, and Handling Vomit, Urine, and Feces. These topics are very important for all workers in the health care industry, and demonstrates the importance of good practice in order to stop the spread of infectious diseases.

APA - 1 Unit / Cost - \$57.50

BBS - 1 Unit / Cost - \$57.50

BACB - 1 Unit / Cost - \$57.50

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$45.00

## Law and Ethics

Legal and ethical matters are of concern in almost every profession, especially in the field of mental health. Marriage and Family Therapists (MFTs) will often encounter clients and situations where ethical and legal issues are intertwined with the mental health issues that are at hand. Because of this, it is imperative that the MFT have a good understanding of their legal and ethical responsibilities and rights when working with clients.

While many of the legal considerations of the field are governed by national law, in addition each state and licensing board will have their own laws and standards. This course provides a general overview of laws and standards in place in California. If practicing in another state, it will be imperative for you to know and understand those laws and standard which are specific to that state in which you are practicing.

APA - 3 Units / Cost - \$70.00

BBS - 3 Units / Cost - \$70.00

BACB - 3 Units / Cost - \$70.00

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$55.00

### Mental Health Recovery Model

This course has been designed to inform you about the Mental Health Recovery Model, and discusses the concept of 'recovery', and how this can be used to help Mental Health patients.

APA - 3 Units / Cost - \$67.00

BBS - 3 Units / Cost - \$67.00

TRAINING HOURS - 3 Training Hours

Cost Without CEs - \$52.00

### Patient Transfers

Work-related musculoskeletal disorders including back injury and upper extremity disorders are the most prevalent, most expensive, and most preventable workplace injuries in the United States today. Musculoskeletal disorders (MSDs, alternatively known as musculoskeletal injuries, MSIs) account for \$1 of every \$3 spent on Workers Compensation in America and affect 1.8 million workers each year which many experts believe represents significant under-reporting of the true incidence of ergonomic injury nationally. Compared to other private industry sectors, the medical, economic, and social costs of work-related musculoskeletal disorders or ergonomic injuries in the healthcare environment are particularly serious. This course will look at and examine Ergonomics, Patient Handling Procedures, and Transfer and Lifting Devices available in the healthcare setting.

BBS - 1.5 Units / Cost - \$52.50

TRAINING HOURS - 1.5 Training Hours

Cost Without CEs - \$45.00

### Person Centered Planning

Person Centered Planning (PCP) is a course designed to provide a firm understanding of the philosophy and process of thinking and planning in a person centered way. EVERYBODY should do this course. Whether you are a newly employed support person or a seasoned professional or manager, this course will allow you to truly understand what it means to provide support to someone in a "Person Centered" manner.

APA - 6 Units / Cost - \$130.00

ASHA - 1 Unit / Cost - \$130.00

BBS - 6 Units / Cost - \$130.00

BACB - 6 Units / Cost - \$130.00

TRAINING HOURS - 10 Training Hours

Cost Without CEs - \$80.00

### Philosophy and Values

Philosophy, Values and Advocacy is a "quick course" of study concerning the importance of these core underlying principles with relation to providing support services to people who have disabilities. Whether you work in the mental health, developmental disability, educational or general medical sectors, this course will be of value to direct support staff and professional staff alike.

APA - 1 Unit / Cost - \$20.00

BBS - 1 Unit / Cost - \$20.00

BACB - 1 Unit / Cost - \$20.00

UNIVERSITY - 0.5 Units / Cost - \$49.50

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$15.00

### Preventing High-Risk Sexual Behavior in Healthcare Settings

While assisting individuals with personal care it is important to ensure that each individual is taught socially appropriate behavior related to privacy and protecting his or her own body. This course will cover the objectives for individuals in residential care, prevention strategies, and case studies to help learner's understanding of how to prevent high risk sexual behavior in healthcare settings.

APA - 1 Unit / Cost - \$50.00

BBS - 1 Unit / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

### Professionalism

Professionalism is not just something for doctors, lawyers and other formally qualified people. Professionalism is something that EVERY person in ANY job should understand. This is especially the case for people working in Human Services. This "quick course" of study is for anyone working in the Human services sector at any level.

APA - 1 Unit / Cost - \$25.00

BBS - 1 Unit / Cost - \$25.00

BACB - 1 Unit / Cost - \$25.00

TRAINING HOURS - 1 Training Hour

Cost Without CEs - \$20.00

### Recognizing and Reporting Abuse

This course is designed to instruct you on how to recognize abuse that may be taking place, and how to report what you see. It covers mandated reporters, types of abuse and neglect, and what you should do if you witness or experience some form of abuse.

APA - 1 Unit / Cost - \$30.50

BBS - 1 Unit / Cost - \$30.50

BACB - 1 Unit / Cost - \$30.50

TRAINING HOURS - 1.5 Training Hours

Cost Without CEs - \$23.00

### Suicide Prevention through Intervention

This course is designed for those in a clinical role. The content covers rates and trends, key indicators, risk and protective factors including the myths and facts about suicide. Competencies include clinical response and intervention strategies.

APA - 6 Units / Cost - \$95.00

BBS - 6 Units / Cost - \$95.00

BACB - 6 Units / Cost - \$95.00

TRAINING HOURS - 6 Training Hours

Cost Without CEs - \$65.00

### Supervision for Excellent Practice

What is supervision? Who needs it? How does it happen and what should someone expect when having supervision. These are all questions that are addressed in this course designed for both the supervisor and supervisee. This course is aimed at anyone working with people and who wants to make sure they are working as effectively as they can by understanding how they can maximize the benefits of an effective supervision process.

APA - 2.5 Units / Cost - \$62.50

BBS - 2.5 Units / Cost - \$62.50

BACB - 2.5 Units / Cost - \$62.50

UNIVERSITY - 0.5 Units / Cost - \$92.00

TRAINING HOURS - 2.5 Training Hours

Cost Without CEs - \$50.00

### Supporting Aging People with Intellectual Disabilities

People, including those with IDs, are living longer than ever before and with increased life expectancy comes increased challenges in addressing age-related issues. In large part, this increase in life span can be directly attributed to a general improvement in overall healthcare throughout society. This course will give an introductory overview of what intellectual and developmental disabilities are, and covers services and support, as well as planning and considerations for supporting aging people with intellectual disabilities.

BBS - 2 Units / Cost - \$50.00

BACB - 2 Units / Cost - \$50.00

TRAINING HOURS - 2 Training Hours

Cost Without CEs - \$40.00

### Writing Goals and Measurable Objectives

This course has been designed to guide you in writing goals and measurable objectives. It is often hard for people to distinguish between goals and objectives, and this course will lead you through the differences.

Cost Without CEs - \$35.00